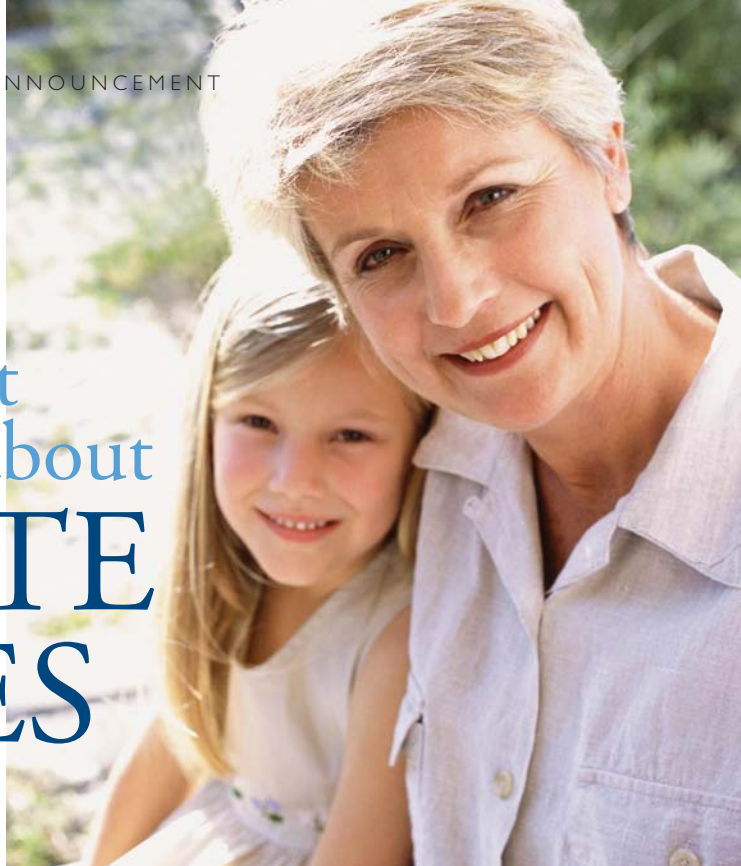




# What your Denturist needs you to know about IMMEDIATE DENTURES



**H**aving some or all of your teeth removed doesn't mean that your smile and self-confidence have to disappear, too. Your Denturist can replace your teeth with an **immediate denture**. It's a solution that can give you a more natural look from day one.

## Immediate dentures: replacement of your natural teeth

Immediate dentures are based on an impression taken by your Denturist prior to removing your teeth. As the name suggests, they are put in place immediately after your teeth have been removed, so that you don't go a day without teeth.

Immediate dentures serve several important functions. Firstly, they help protect sensitive tissues where teeth have been removed. This allows healing to progress while helping to keep the area free of anything that might cause irritation. Secondly, an immediate denture restores a natural look and can help you feel more comfortable with your family or at work. Lastly, an immediate denture can help you make the transition from eating softer foods to a wider variety of meals during the healing process.

## What to expect from immediate dentures

The initial healing period that follows having your teeth extracted is usually six to eight weeks\* for a healthy adult. Your gums and other tissues will shrink and change during this time, so visits to your Denturist will be required to help ensure the best fit of your immediate denture. Your Denturist may place a temporary "soft liner" on the fitting surface of your denture. A soft liner makes chewing more comfortable, helping to minimize sore spots and improve fit.

## What to keep in mind when choosing immediate dentures

- Immediate dentures are an alternative to being without teeth during the initial six- to eight-week healing period.
- Your gums will be smaller in size and shape after healing is complete.
- It is normal to require adjustments to your immediate dentures as your mouth heals.
- An important part of the adjustment period is learning how to eat and talk while you are wearing your new dentures.

## Did you know?

You don't need a referral to visit a Denturist. Denturists must be licensed with the College of Denturists of Ontario in order to practise in Ontario, and their Certificate of Registration (licence) must be prominently displayed in their office.

Depending on the number of teeth being extracted, there can be changes in the fit, bite and position of your denture as your mouth heals. The good news is that your Denturist will support and work with you to optimize the fit and comfort of your immediate dentures, making adjustments when necessary. Your Denturist will consult with you on future options, such as permanent relining.

\*Healing may take longer if you are diabetic, smoke, or have a medical condition or are taking medication that may slow healing.